

South Central Basketball League Rules (2016-17 season)

1. All eligible players must play during both halves of each game.
2. Time Allowance:
 - 2 minute warm up
 - 7 minute quarters
 - 2 minute half-timeStart the game with a jump ball. Alternate possession applies after that. Tie games will have one 2-minute overtime. If a second overtime occurs, each player on the floor will shoot a free throw, and made shots will be added to the respective team's score.
(Five shots from each team. Alternate a player from each team when shooting the free throws. Referee at each basket should watch for foul line infraction.)
Clock will run continuously except for timeouts.
The clock will stop the last minute of the game.
Two 30-second timeout per half per team (technical will be called if coach calls for more than the two timeouts per half and two points awarded to the other team)
3. When players are being substituted, please check in at the scorer's table. Referee may "whistle the player in" whenever it is practical they do not need to wait until a dead ball. When 3 or more players are being substituted, the defensive coach may call for a line-up so players can determine who they are guarding. Clock will stop – no time out will be charged.
4. When a shooting foul occurs, 1 point and the ball back will take place of shooting two free throws. If the foul occurs on a made shot, the team is awarded 3 points, and the opponent gets the ball. When fouled in a non-shooting situation the ball is taken out of bounds.
5. We will shoot two free throws for all fouls in the last minute of the game.
6. Player does not shoot free throws for offensive fouls.
7. Player is out of the game after 5 fouls.
8. Zone Defense is allowed.
9. All field goals are scored as two points.
10. Pressing:
 - 5th grade games – will be allowed during the last two minutes until 10 points ahead.
 - 6th grade games – full court press will be allowed in the second half until 10 points ahead.
 - With the exception of the time the press is allowed there is no guarding allowed in the backcourt.
11. Players will be allowed to play up a grade, for example a fifth grader plays with the sixth grade team. Players may not play down a grade. Do not switch players from one team at the same grade to another team at the same grade unless it is necessary to field a team (i.e., illness of players).
12. There will be NO coed teams allowed. Girls will play with girls; boys with boys.
13. Player can only play for one town.

---- RULES CONTINUE ON NEXT PAGE ----

14. Good sportsmanship will be displayed at all times. Inappropriate behavior from a coach or player will result in a technical foul and the coach or player will be removed from the game. In this case, the other team will get two points and the ball. The contact person from each team is responsible for control of fan behavior. Fans showing poor sportsmanship will be asked to leave.
15. Zero tolerance of profanity from coaches and players and fans. If any referee hears of this, you will be removed immediately. Game will be stopped until person(s) are removed from the building and will not be able to return for the remainder of the day. Please enforce this rule.
16. Two referees per game – **at least one being an adult**. Both refs need to understand the game of basketball as well as know this is NOT street ball. Do NOT let it get out of hand. I know we can't call every foul, just don't let it become so physical.
17. Please have a roster with a number for each player to give to the scorers' table.